## HEALTH BENEFITS E-NEWS

Department of Human Resource Management Office of Health Benefits

August 6, 2020

## Revised COVA Care and COVA HealthAware Member Pharmacy Incentive Requirements

Beginning August 1, 2020, COVA Care and COVA HealthAware members participating in the Commonwealth's disease management programs no longer need to meet the 90-day compliance period for medication adherence in order to qualify for their pharmacy incentives.

The disease management programs provide educational tools and clinical support coaching to help members better manage long-term health conditions such as diabetes, asthma, chronic obstructive pulmonary disease (COPD), and hypertension. Participating COVA Care and COVA HealthAware members who complete the program requirements may be eligible to receive certain medications and supplies at no cost.

Program requirements for members to remain compliant and retain their eligibility for pharmacy incentives will continue to include participation in regular clinical coaching sessions, having periodic exams with their doctor or healthcare provider, and continuing to take their specific medications as prescribed by their physician, along with other condition-specific requirements. See the <u>Health and Wellness</u> section of the DHRM website. Members can obtain complete program details at the health plans:

- COVA Care: Contact the ConditionCare team at 1-844-507-8472 or visit anthem.com > My Health Dashboard > Programs.
- COVA HealthAware: Log in to your member website at aetna.com and click "Stay Healthy," or call 1-866-533-1410 (TTY: 711).

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