



## Accessing your Health Assessment Via the Aetna Member Website



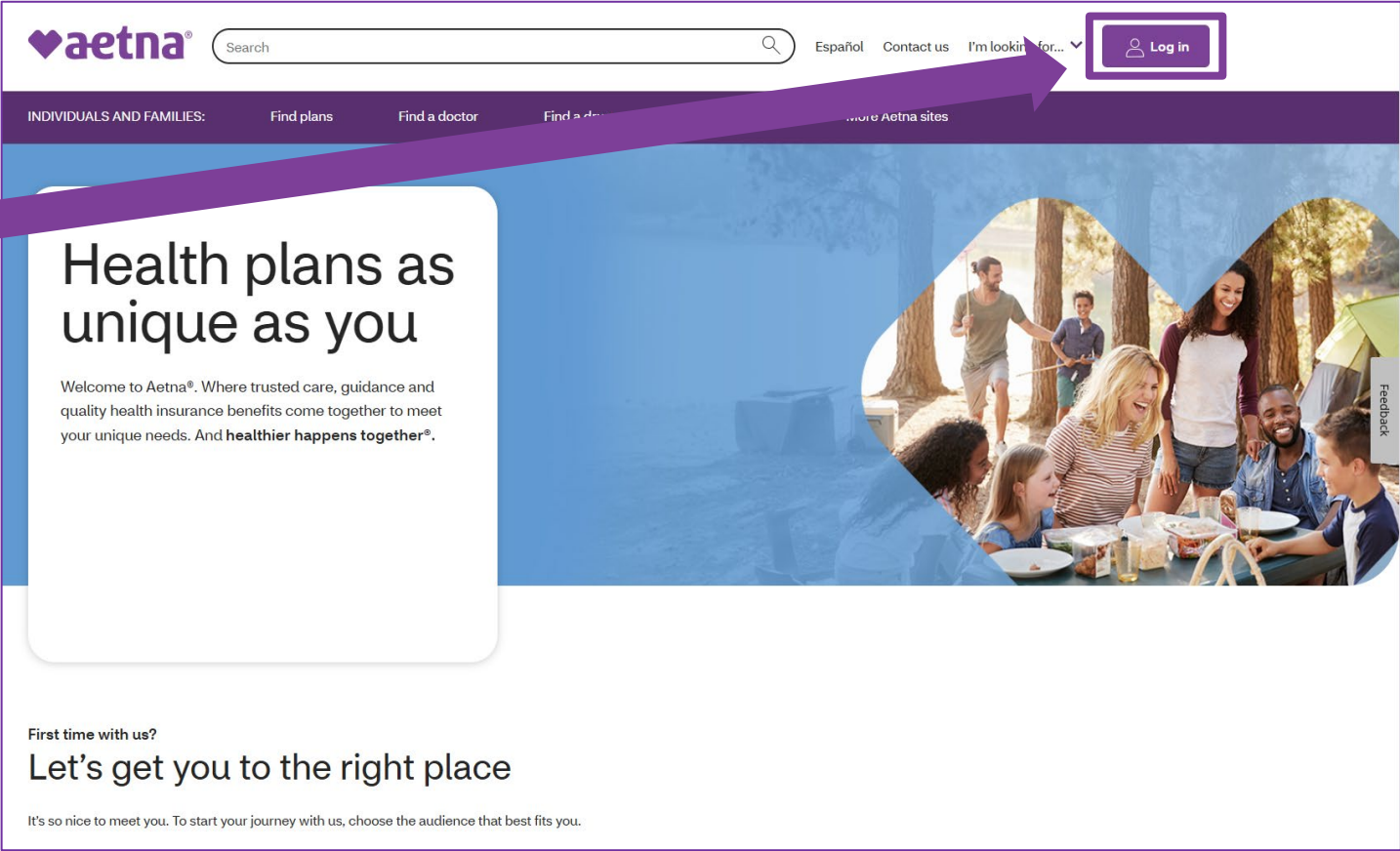
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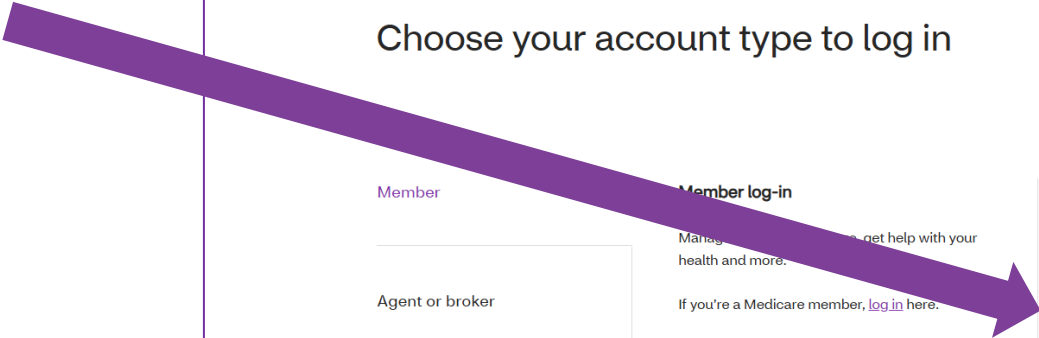
# Accessing your Aetna Member Website


Go to [www.aetna.com](https://www.aetna.com)  
and click on **Login**.



# Registering a new account

Click **Create my account.**





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[About us](#) > Member, provider, employer, agent/broker login

### Choose your account type to log in

Member

Agent or broker

Employer

Medical provider

Dental provider

#### Member log-in

Manage your account or get help with your health and more.

If you're a Medicare member, [log in here](#).

Log in to my account

Forgot your [username](#) or [password](#)?

#### Need help?

[Contact Member Services](#) or call the number on your ID card.

Manage your plan anytime, anywhere. Get the Aetna Health™ app.

Download on the App Store

GET IT ON Google Play

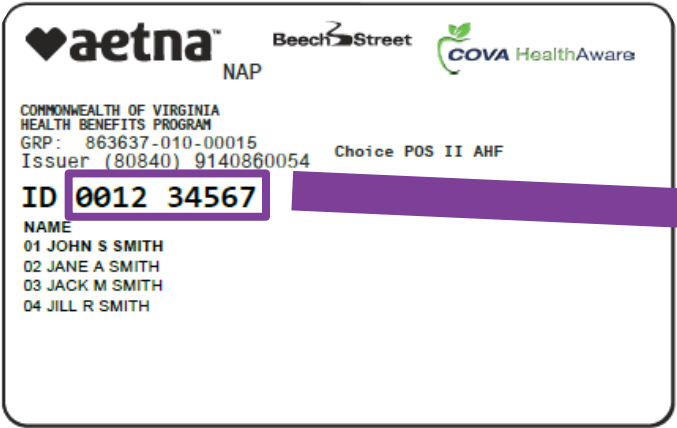
#### Don't have an account?

Your member account is the best way to manage your benefits and make the most of your plan. It's easy to sign up.

Create my account

# Registering a new account

Register for a new account using your Member ID number found on your COVA HealthAware ID card.



Complete the step-by-step prompts to complete your registration.

New User Registration

Step 1 of 4

Step 2 of 4

Step 3 of 4

Step 4 of 4

Personal Info

Validate Identity

Create Account

Terms and Conditions

\*marked fields are required

Create an Account

To get you set up, we just need some basic info.

Your Member Info

Choose how to create your account. Most people use their Member ID. You can find your Member ID on your ID card, Welcome Letter, or any EOB we sent to you.

☒ Member ID

☐ Social Security number

Member ID\*  
001234567

[Need help finding your Member ID?](#)

Your Personal Info

Full first name\*

Full last name \*

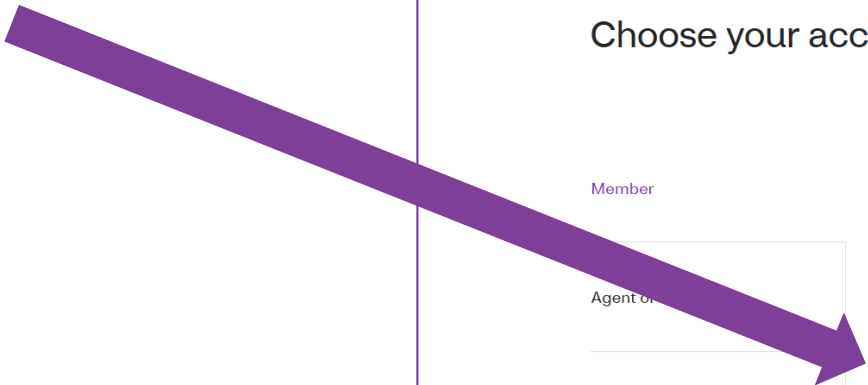
Date of birth\*  
Month Day Year


Zip Code \*

Continue

# Logging into an existing account

Click **Log in to my account.**





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Manage your plan, find care, get help with your health and more.

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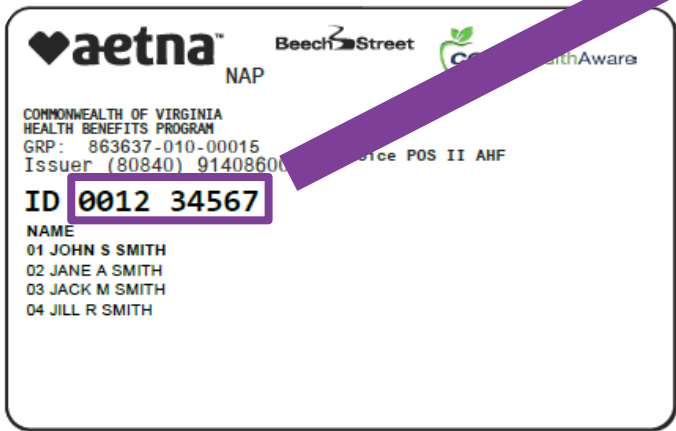
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# Logging into an existing account

Login using your Member ID number located on your COVA HealthAware ID Card.

Your password will have been previously set by you during your initial registration.



### Secure Member Sign-In

Username

001234567

Password

\*\*\*\*\*

☒

 Remember username

[Forgot username](#) or [forgot password?](#)

Sign In

Sign In Without A Password

New to Aetna?

Create Account

# Accessing your Health Assessment

Click  
“Aetna Health Your Way™”

Find Care & Pricing

Find a Provider

Get Quick Care

Plan Overview

Medical Coverage

In-Network Spending

Deductible - \$1,500

\$0

Spent

\$1,500.00

Remaining

Out-of-Pocket Max - \$3,000

\$3,000.00

Remaining

Full coverage starts after you spend \$3,000 on services that count toward your out-of-pocket max.

What's New

ID Cards

Spending Details

Your Plan Video

Vision Coverage

Flexible Spending Account (FSA)

Manage in PayFlex

Available Balance

\$307.00

Claims

View All

EyeMed Vision Care

For Michelle - Jan 10, 2020

Balance

\$0.00

Kevin Powers

For Michelle - Jan 30, 2019

Balance

\$0.00

Cephalexin Sus 25...

For Michelle - Jan 30, 2019

Your Total Cost

\$0.00

Kevin Powers

For Michelle - Jan 14, 2019

Balance

\$0.00

Proair Hfa Aer

For Michelle - Jan 14, 2019

Your Total Cost

\$0.00

Member Resources

Coronavirus Resource Center

Your HealthFund

Anthem Pharmacy

Delta Dental

Aetna Health Your Way™

Mental Health Support & Services

Cancer Support Center

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♥aetna™

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# Accessing your Health Assessment: First Time Accessing

You will be required to enter additional information and accept the Terms and Conditions when accessing the site for the first time.

Please confirm the following information.

We'll need the following information to link your account.

Legal First Name (required)

Legal Last Name (required)

Date of Birth (required)


ZIP Code (required)

Continue

Back

Almost there!

Terms and Conditions



☐

 I accept the [Terms and Conditions](#)


Continue

Back

# Accessing your Health Assessment: First Time Accessing

Click on the Update my Health Assessment button

You're on your way to better health



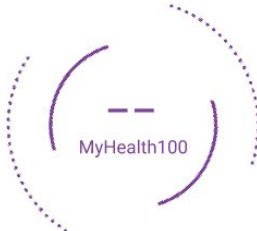
Choose your Pathway

Calculate MyHealth100

Registration

MyHealth100

MyHealth100 is a measure of your overall health potential out of 100, and it is used to identify ways to improve your health.



Update your Health Assessment to calculate your MyHealth100 score

Update my Health Assessment

[Learn more about MyHealth100](#)

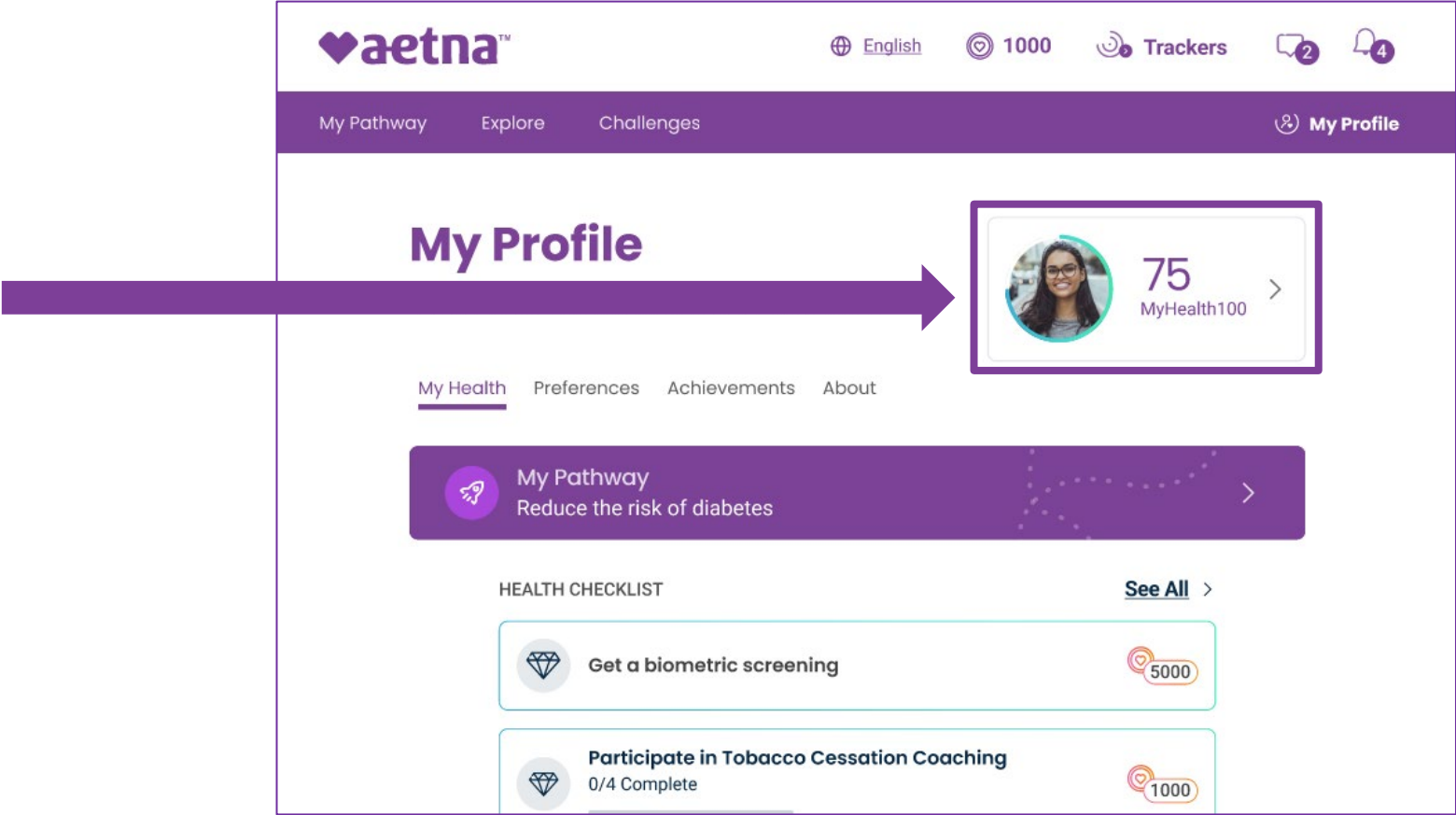
# Accessing your Health Assessment

Click “My Profile”  
to open your profile  
page.



# Accessing your Health Assessment

Click on your  
“MyHealth100”  
score button



The screenshot shows the Aetna website's 'My Profile' section. At the top, the Aetna logo is on the left, and navigation links for 'English', '1000', 'Trackers', and a notification bell with '4' are on the right. Below this is a purple navigation bar with 'My Pathway', 'Explore', 'Challenges', and 'My Profile' (which is highlighted). The main content area is titled 'My Profile' in large purple text. Below the title is a horizontal menu with 'My Health', 'Preferences', 'Achievements', and 'About'. The 'My Health' tab is selected. In the center, there is a purple card with a rocket icon, the text 'My Pathway Reduce the risk of diabetes', and a right arrow. Below this is a 'HEALTH CHECKLIST' section with a 'See All >' link. The checklist contains two items: 'Get a biometric screening' with a '5000' reward icon, and 'Participate in Tobacco Cessation Coaching' with '0/4 Complete' and a '1000' reward icon. A large purple arrow points from the text on the left to the 'MyHealth100' score button in the profile card.





**My Profile**

75  
MyHealth100

My Health Preferences Achievements About

**My Pathway**  
Reduce the risk of diabetes

HEALTH CHECKLIST [See All >](#)

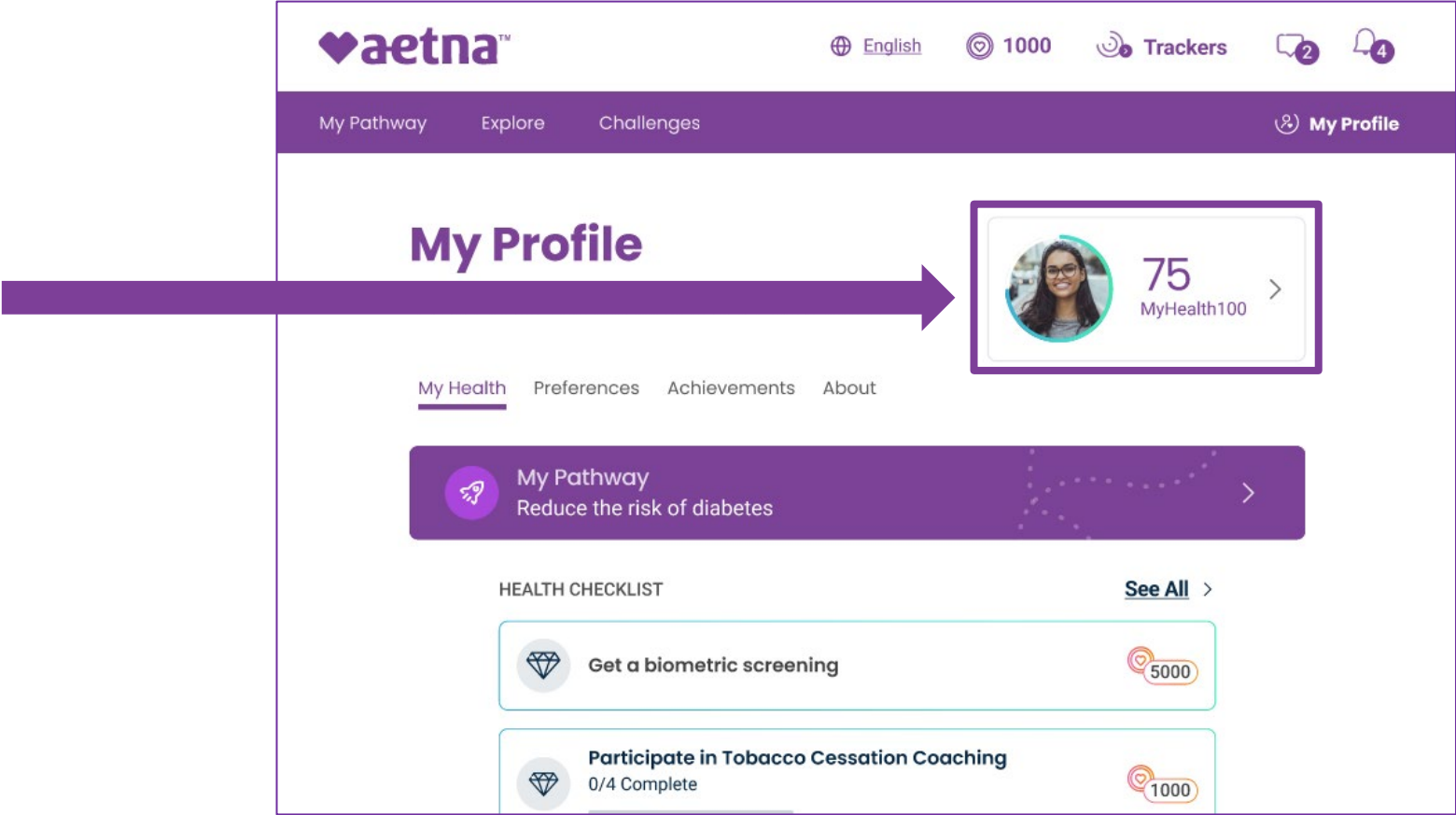
-  **Get a biometric screening** 
-  **Participate in Tobacco Cessation Coaching**  
0/4 Complete 

ou get

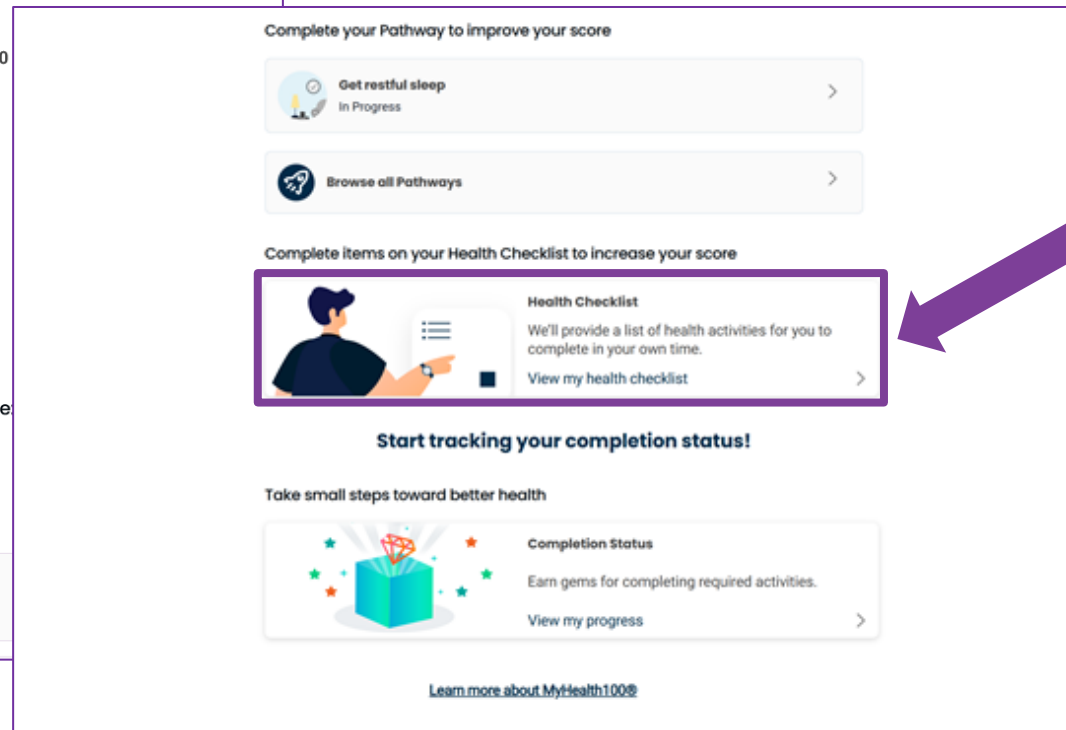
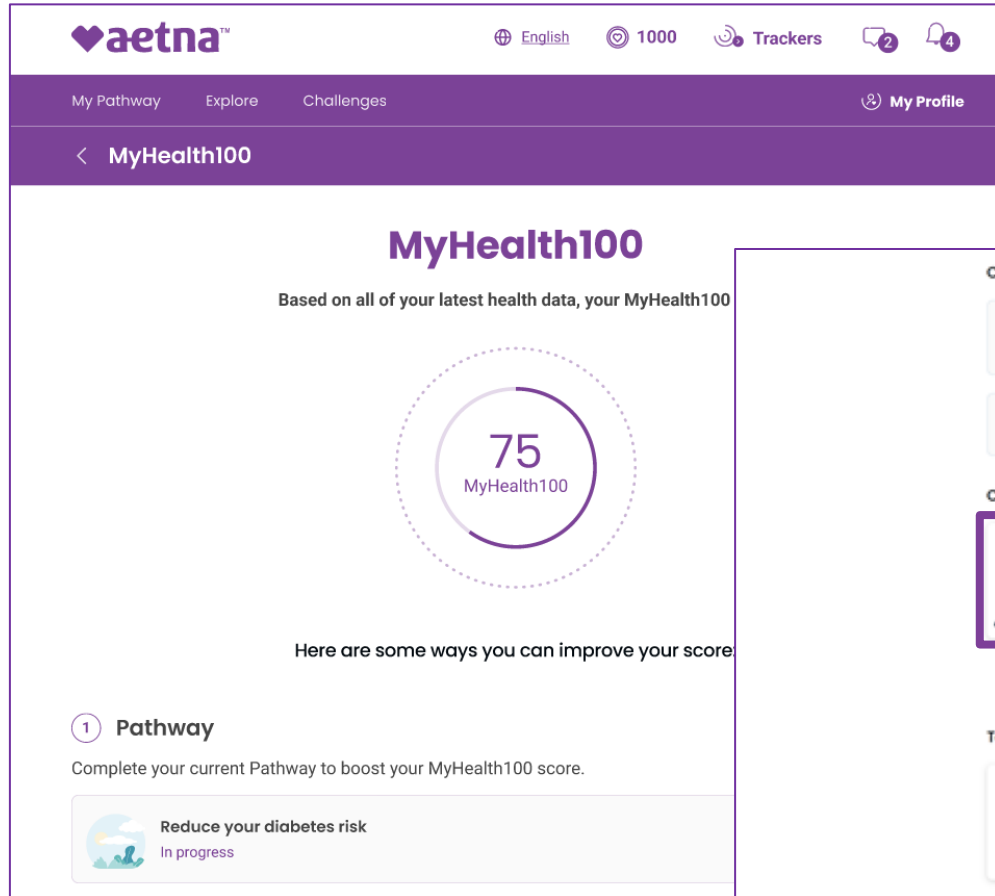


# Viewing your last date of completion

Click on your  
“MyHealth100”  
score button



## Viewing your last date of completion



Scroll down and click on “View my health checklist”

# Viewing your last date of completion

### Health Checklist

Recommended Health Tasks ⓘ

📅

Have you had your cholesterol checked?

📅

Have you had this recommended screening?

📅

How to protect yourself from hepatitis B

📅

Have you been tested for hepatitis C?

📅

Have you been screened for hepatitis B?

[Still looking?](#)  
[Let's explore more options.](#)

Pending and Completed Tasks

🔥

**Complete your health assessment**  
Completed Jun 9

✓

📅

**Have you had a Tdap vaccine?**  
Completed Jun 9

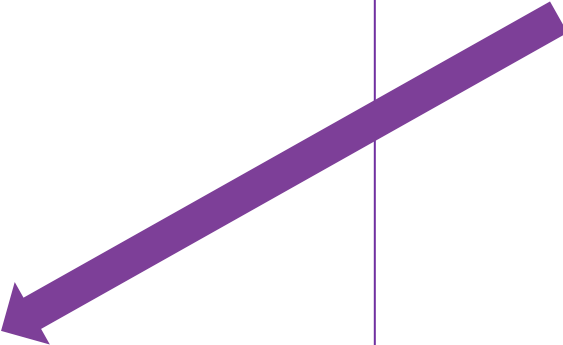
✓

📅

**Have you been tested for diabetes?**  
Completed Jun 9

✓

Scroll down and and locate the last date of completion for your health assessment.



# Taking a screenshot on Windows

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## Using the Snipping Tool

Press and then release these three keys together:

Windows logo key, Shift, and S



Click and drag your cursor to select the area of the screen to screenshot.

Screenshot is automatically saved to your Screenshots folder in **Pictures > Screenshots**.

# Taking a screenshot on Mac

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Press and then release these three keys together:

Shift, Command, and 3.



The screenshot will automatically save to your desktop.