



## State Employee Financial Wellness Program



JULY 2025



Get ready to embark on your career development journey!

The Commonwealth Mentorship Program (CMP) is searching for state employees to participate and serve as **Mentors**; and state employees who would like to learn as **Mentees**, during the next cohort! The application is **OPEN**, and ends on **July 31st**. The 2025-2026 cohort officially kicks off on **September 3, 2025**. Stay tuned for future information about the leadership development and financial mentorship sub-cohorts! **Seats are filling fast**, so see if you are eligible [here](#), or proceed to [APPLY NOW](#) before it's too late!



“Summer Date Night?”

Summer brings new options for fun, affordable dates. Plan a picnic or get outside for a movie night! Find these and other ideas for simple but special outings in [“Romance on a Budget: 10 Affordable Date Night Ideas.”](#) Just [log in to myVRS](#) and choose Financial Wellness.

### Quote

*“Often when you think you’re at the end of something, you’re at the beginning of something else.” - Fred Rogers*

## All About That Money Tuesdays

### Taking Control of Your Debt

Sometimes debt can feel like a mountain you’ll never finish climbing. We’ll help you start cutting down debt until it’s a thing of the past. Please join us on **July 8<sup>th</sup>** for this live event hosted by VACU.

To register for this live event, please click this [link](#) or scan the QR code below.

Webinar Registration - Taking Control of Your Debt



## Virginia Employee Discount Marketplace

Jump into July with big savings on travel and family fun essentials. Make the most of your summer plans with exclusive deals you won't want to miss!

Access your discounts below!

<https://commonwealthofvirginia.savings.workingadvantage.com/home>



## EMPLOYEE ASSISTANCE PROGRAM

All health plans offered to state employees and their dependents have employee assistance programs (EAPs).

Included are up to four sessions at no charge for such services as mental health, alcohol or drug abuse assessment, child or elder care, grief counseling and legal or financial services.

[Learn More Here](#)

## Public Service Loan Forgiveness (PSLF)

Public Service Loan Forgiveness Program (PSLF). State employees may be eligible for the federal government's Public Service Loan Forgiveness Program. Keep reading to see whether you might qualify.

The PSLF Program forgives the remaining balance on your Direct Student Loans after you have made 120 qualifying monthly payments under a qualifying repayment plan while working full-time for a qualifying employer.

Please direct your questions to the federal program site. [Click here](#) to learn more.

## Virginia Department of Treasury's Unclaimed Property Division

Have you checked to see if you're missing out on money? TRS offers a user friendly website and the secure document upload feature, making claiming your funds quicker than ever before! Unclaimed property can include dormant bank accounts, uncashed checks, stocks and dividends, insurance proceeds, refunds, and more. Visit the free search site to check your name and start the claims process.

Search for Missing Money!  
<https://vamoneysearch.gov/>

## Virginia State Employee Assistance Fund (VSEAF)

The Virginia State Employee Assistance Fund provides grants to eligible state employees suffering from a financial crisis or an unplanned emergency/or unplanned event that impacts the employee or family members living in the residence of the employee. The VSEAF is a recognized 501c(3) charity member of the Commonwealth of Virginia Campaign (CVC), Code 203040.

[See If You Qualify!](#)



VACU's BANZAI. [July's rewards](#) bundle focuses on debt and credit. As you progress through the activities for the month of July, you will have the chance to win cash and other giveaways. Most importantly, we aim to provide you with the peace of mind that comes with financial literacy and preparedness. Proceed to the link to learn more:

<https://dhrmvirginia.banzai.org/wellness/rewards/july-2025-reward-1f7d864e>

**Banzai Winners for May:**

- Brandy Collins, VCCS
- Julie Coates, UMW
- Chase Chandler, FCMV
- Lisa Pyle, MRC
- Seth Taft, VCU

**Banzai Winners for June:**

- Misty Tunstall, VDH
- Rhonda van der Schagt, Dept of Corrections
- Michael Whittaker, Virginia Tech
- Jessica Fouke, DGS
- Melissa Banker, Radford University

Each completed the necessary courses and passed their quiz. Drawing winners received a \$100 Amazon Gift Card, sponsored by the Virginia Credit Union (VACU).

